

DIFFERENTIAL DIAGNOSTIC OF COMA

Department of internal diseases

*What defines Coma ?

“A state of unresponsiveness in which the patient lies with his **eyes closed** and **cannot be aroused** to respond appropriately to stimuli even with vigorous stimulation. The patient may grimace in response to painful stimuli and limbs may demonstrate stereotyped **withdrawal** responses, but the patient does **not make localized responses or discrete defensive** movements.”

* In simple terms...

Defined as comatose if they have **no ability to take in information** from their environment and **cannot respond to external stimuli** in a meaningful way

*Objectives

- ***Primary Objective:** The physician should be able to stabilize, evaluate, and treat the comatose patient in the emergent setting.
- *The physician should understand this involves an organized, sequential, prioritized approach.

*Primary Objectives

*Airway

*Breathing

*Circulation

*Treatment of rapidly progressive, dangerous metabolic causes of coma (hypoglycemia)

*Evaluation as to whether there is significant increased intracranial pressure (ICP) or mass lesions.

*Treatment of ICP to temporize until surgical intervention is possible.

*Secondary Objectives

- *The physician should understand and recognize:
 - *Coma
 - *Herniation syndromes
 - *Signs of supratentorial mass lesions
 - *Signs of subtentorial mass lesions
- *The physician should be able to develop the differential diagnosis of metabolic coma.

* Causes of Coma

Structural causes

1. Trauma (ICP, diffuse axonal injury, concussion)
2. Infection (Meningitis, encephalitis, abscess)
3. ADEM, demyelination
4. Hydrocephalus
5. Nutritional (Wernicke's)
6. Seizure(Non-convulsive status)
7. Vasculitis

Toxic/ Metabolic

1. Hypo or hyperglycemia
2. Renal failure
3. Electrolyte abnormalities
4. Hepatic failure
5. Hypoxia
6. Hypercarbia
7. Porphyria
8. Acid -base disorders
9. Drugs & Toxins

A E I O U T I P S

Alcohol
Acidosis (metabolic disorders)
Ammonia (hepatic encephalopathy)
Arrhythmias (any cardiac cause)

Endocrine
Electrolytes
Encephalopathy

Infection

Oxygen
Overdose
Opiates

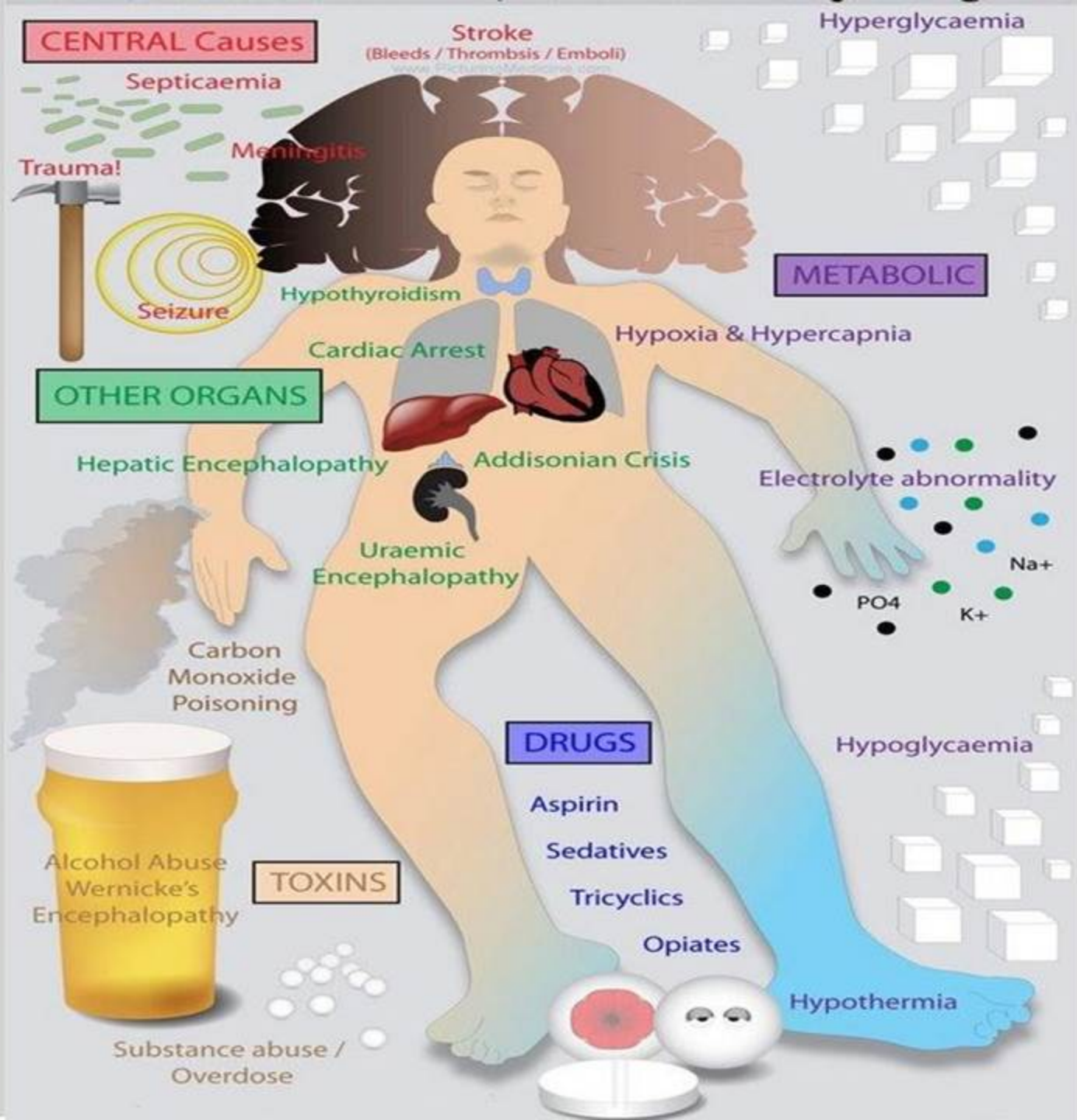
Uremia

Trauma
Temperature (hyper/hypothermia)
Thiamine (Wernicke-Korsakoff)

Insulin (hypo/hyperglycemia)

Poisoning (all medications)
Psychiatric

Stroke
Seizure (or postictal state)
Syncope
Space occupying lesions
Shunt (VP) malfunction



*Neurophysiology

*Consciousness requires:

- *An intact pontine reticular activating system
- *An intact cerebral hemisphere, or at least part of a hemisphere

*Coma requires dysfunction of either the:

- *Pontine reticular activating system, *or*
- *Bihemispheric cerebral dysfunction

* Differential diagnosis



Locked in state

Akinetic mutism

Persistent vegetative state

Catatonic stupor

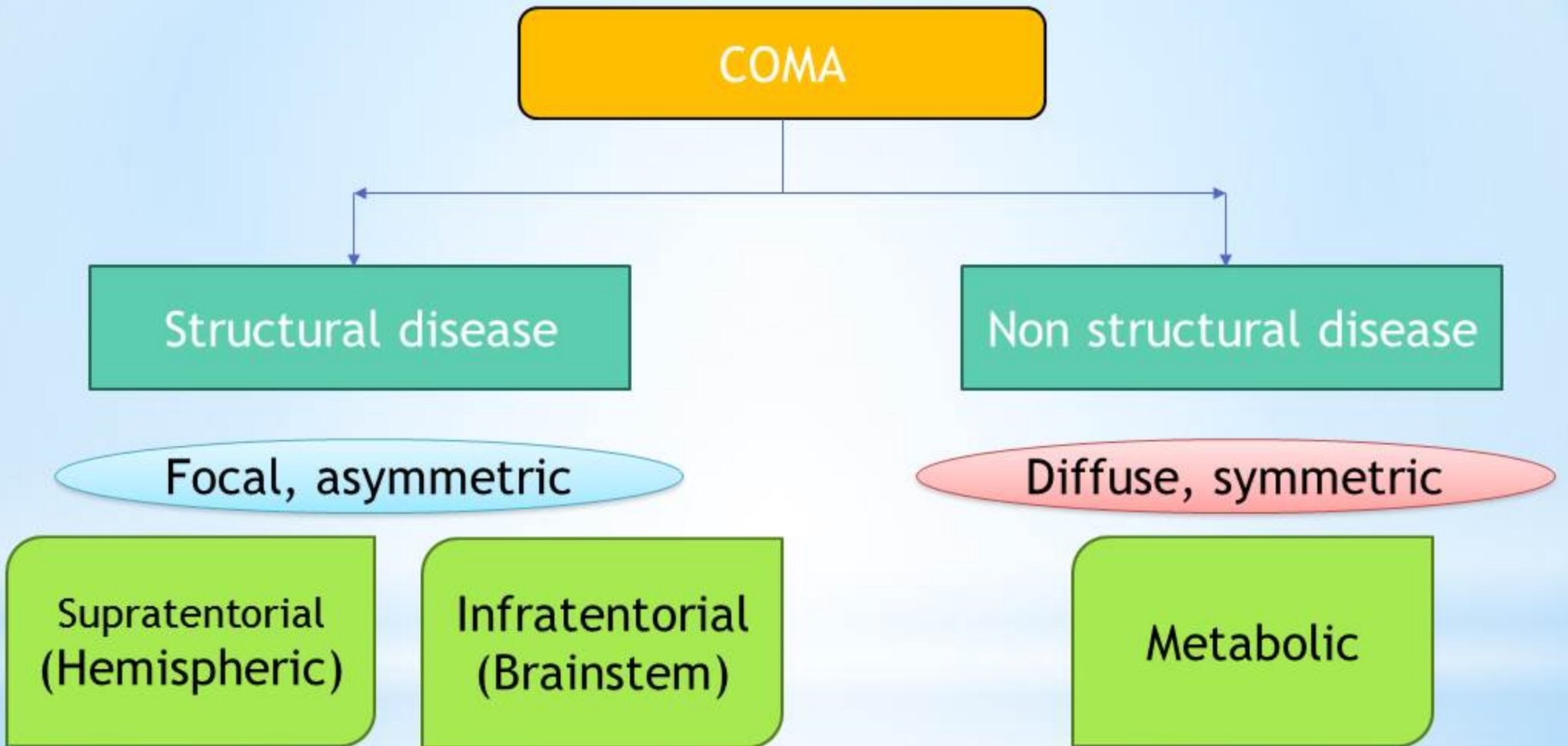
Pseudocoma

Abulia

State	Stimulus needed for arousal
Drowsiness	Verbal and light touch
Obtundation	Deep touch
Stupor	Vigorous, painful, or noxious stimulation

* Disorders of consciousness

	Arousal	Awareness	Sleep-wake	Motor	Resp
Brain death	-	-	-	-	-
Coma	-	-	-	Non purposeful	Abn, variable
Vegetative state	+	-	+	Non purposeful	+
Min consciousness state	+	Partial	+	Intermit purposeful	+
Akinetic mutism	+	Partial	+	Paucity	+
Delirium	+	Partial	+	Normal	+
Locked in	+	+	+	Quadriplegia, anarthria	Normal



* Classification of Coma

- * Supratentorial lesions cause coma by either widespread bilateral disease, increased intracranial pressure, or herniation.
- * Infratentorial lesions involve the RAS, usually with associated brainstem signs
- * Metabolic coma causes diffuse hemispheric involvement and depression of RAS, *usually* without focal findings
- * Psychogenic

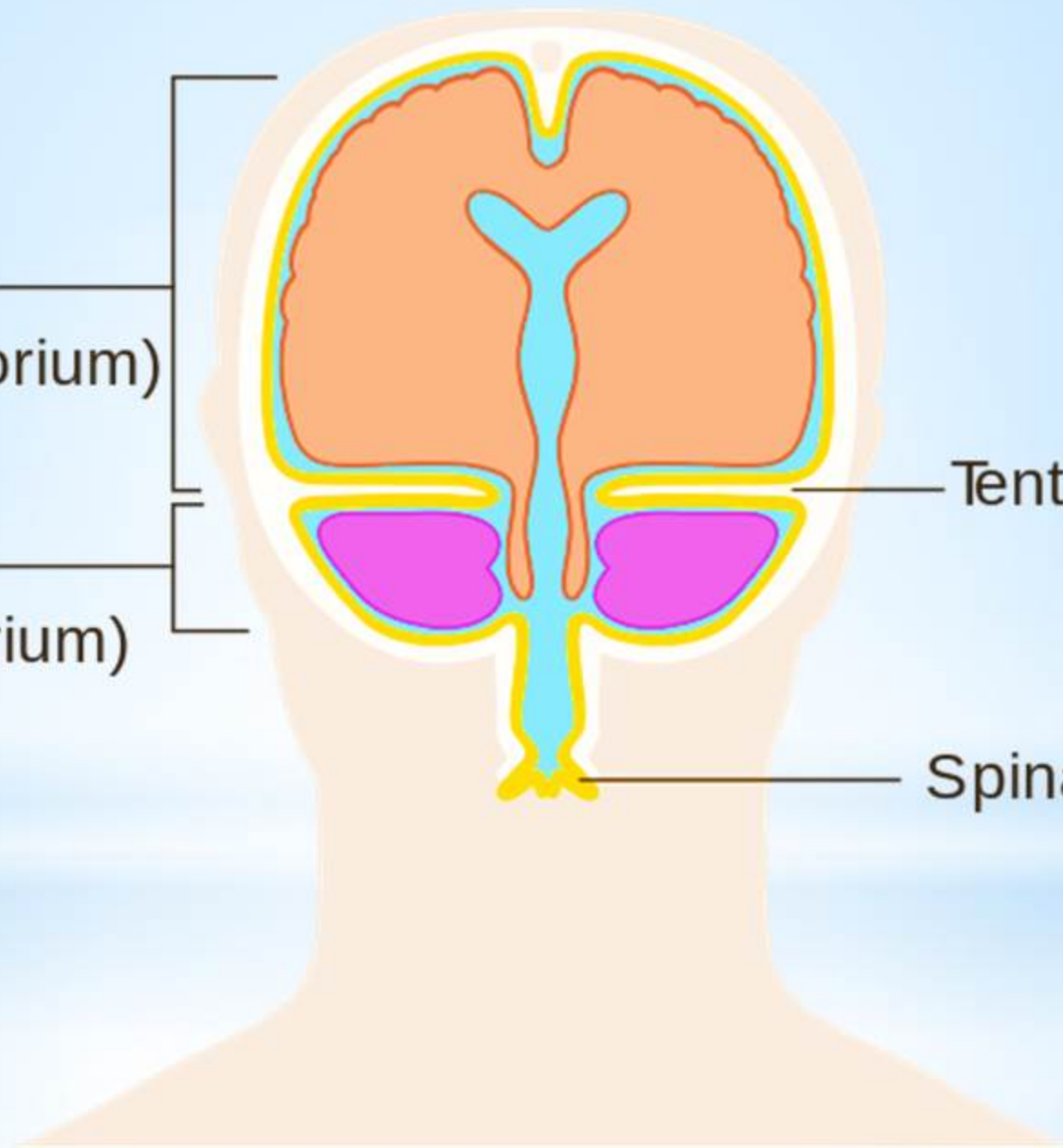
Wilson and Posner, 1982

Above the
tentorium
(supratentorium)

Below the
tentorium
(Infratentorium)

Tentorium

Spinal cord

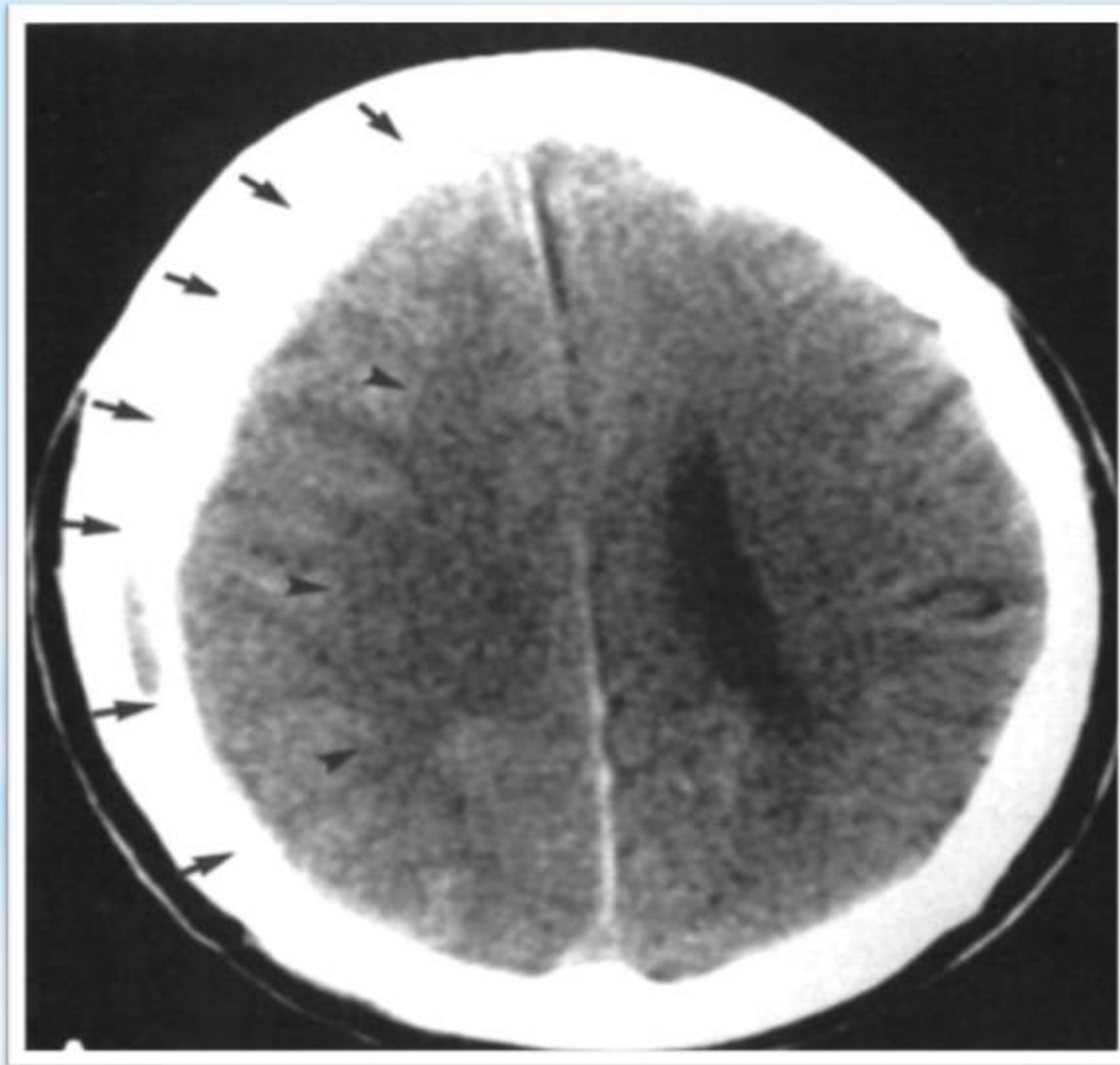


*Supratentorial Mass Lesions

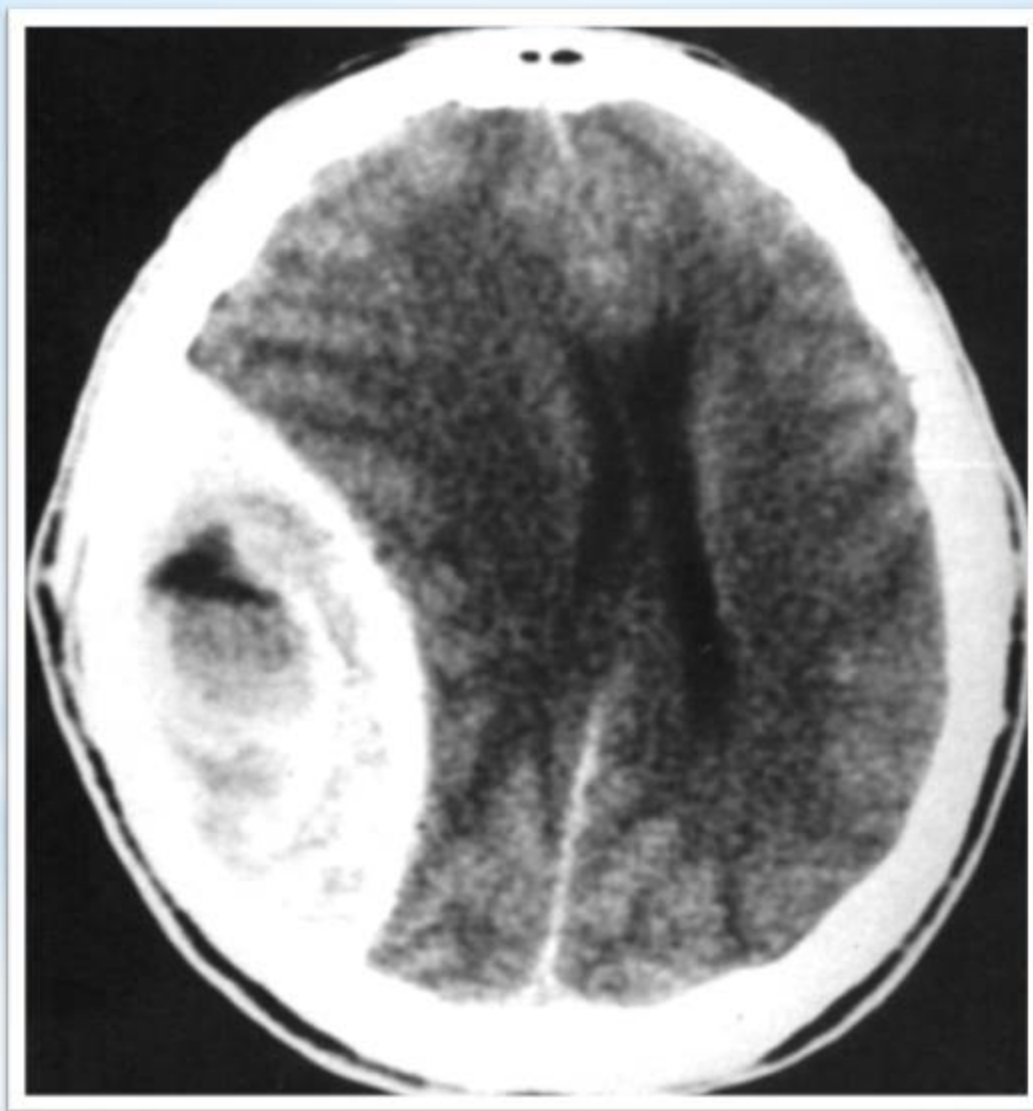
- *Hematoma
- *Neoplasm
- *Abscess
- *Contusion
- *Vascular Accidents
- *Diffuse Axonal Damage

Supratentorial Mass Lesions

Subdural Hematoma



Supratentorial Mass Lesions
Acute epidural hematoma and midline shift



Severe head trauma with basilar skull fracture, right temporal hematoma, cerebral edema, hydrocephalus, and pneumocephalus



Supratentorial Mass Lesions

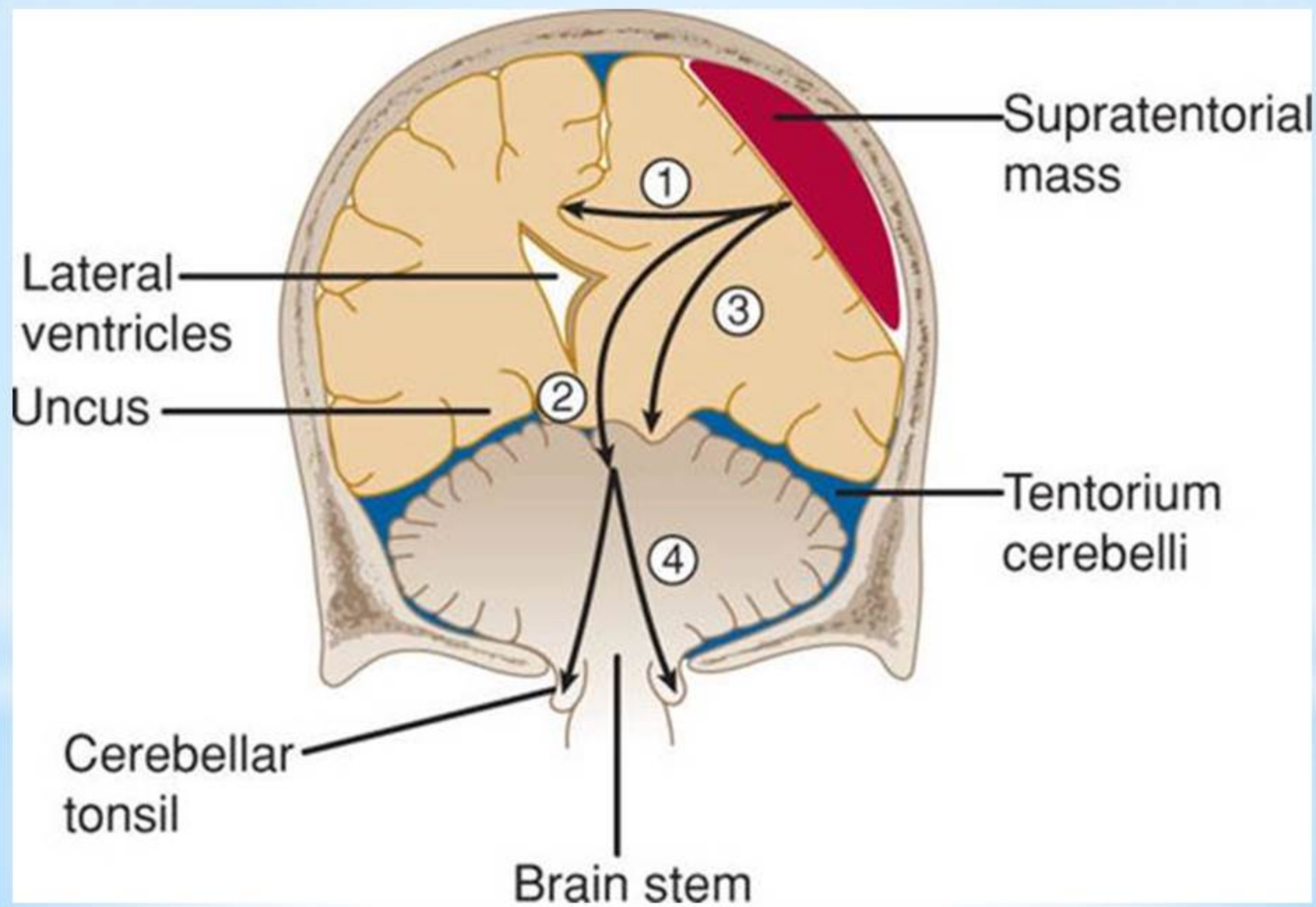
Cerebral Abscess



Supratentorial Mass Lesions

* Pathophysiology

- * Altered consciousness is based on
 - * Increased intracranial pressure
 - * Herniation
 - * Diffuse bilateral lesions



Herniation Syndromes

Central herniation

Rostral caudal progression of respiratory, motor, and pupillary findings

May not have other focal findings

Uncal herniation

Rostral caudal progression

CN III dysfunction and contralateral motor findings

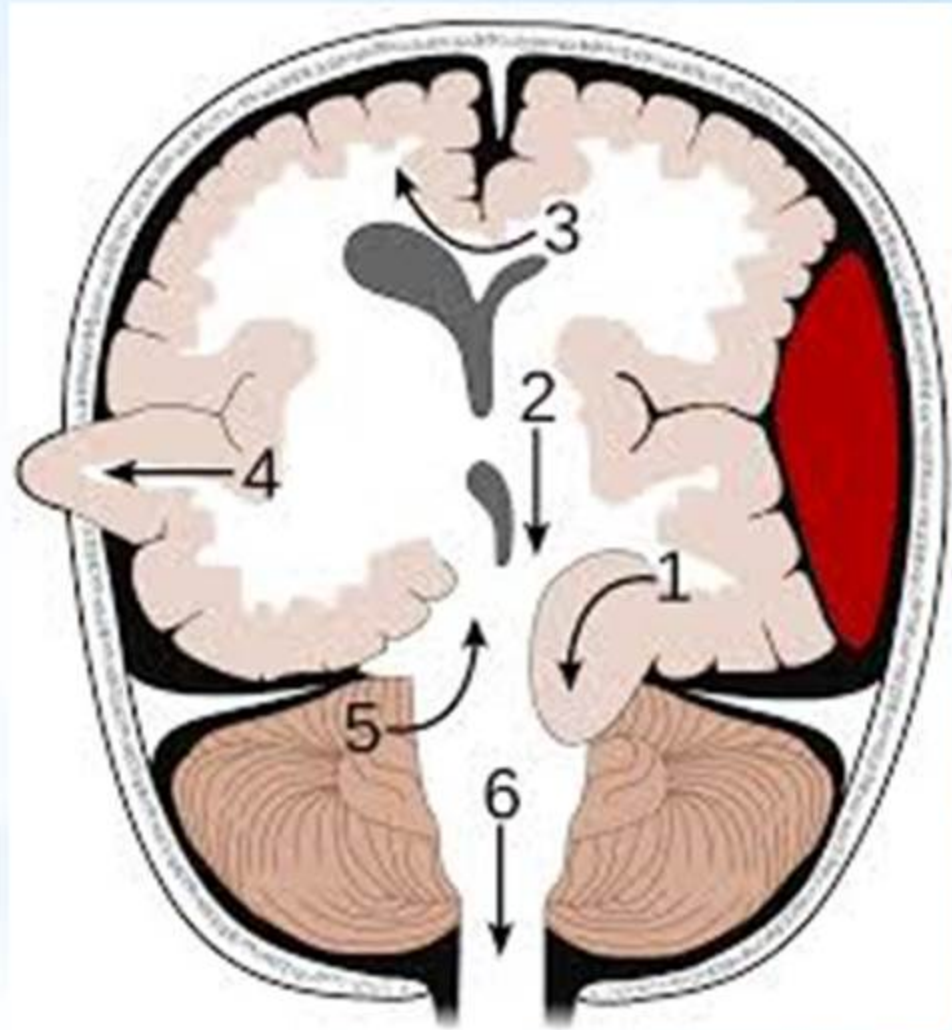
*Brain Herniation

Supratentorial herniation

1. Uncal (transtentorial)
2. Central
3. Cingulate (subfalcine)
4. Transcalvarial

Infratentorial herniation

1. Upward (upward cerebellar or upward transtentorial)
2. Tonsillar (downward cerebellar)



* Herniation syndromes

Uncal herniation	i/l dilated pupil Contralateral hemiparesis Variable impaired consciousness Decerebrate posturing
Central descending transtentorial	Decorticate posturing Midsize fixed pupils Early coma Cheyne Stokes
Central ascending transtentorial	Nausea, stupor
Sub falcine/ Cingulate	Small reactive pupil Headache C/l leg paralysis
Tonsillar	HTN-bradycardia-bradypnoe b/l arm dysesthesia Coma Response arrest

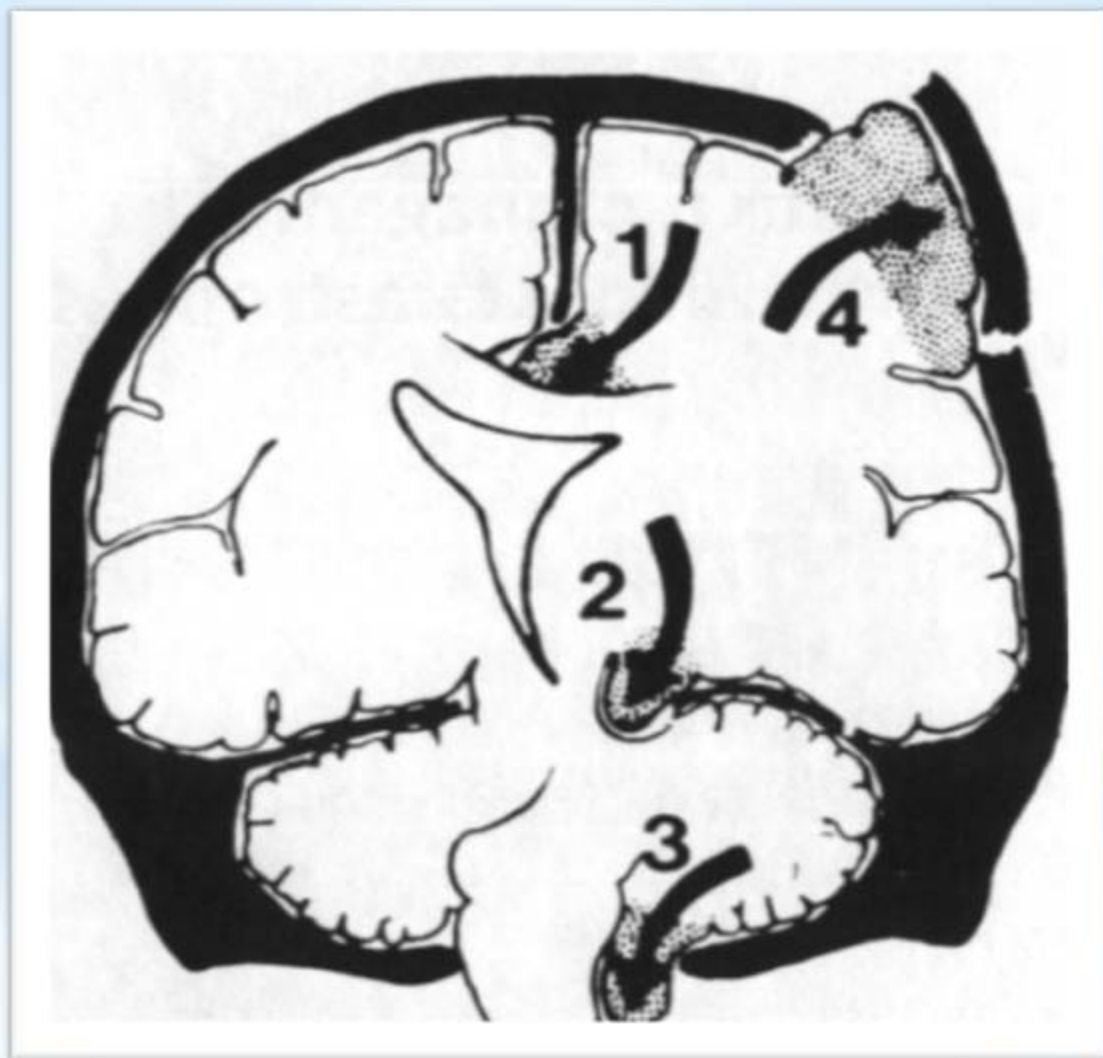
* No features of coning?

* Suspect primary brain stem lesion:

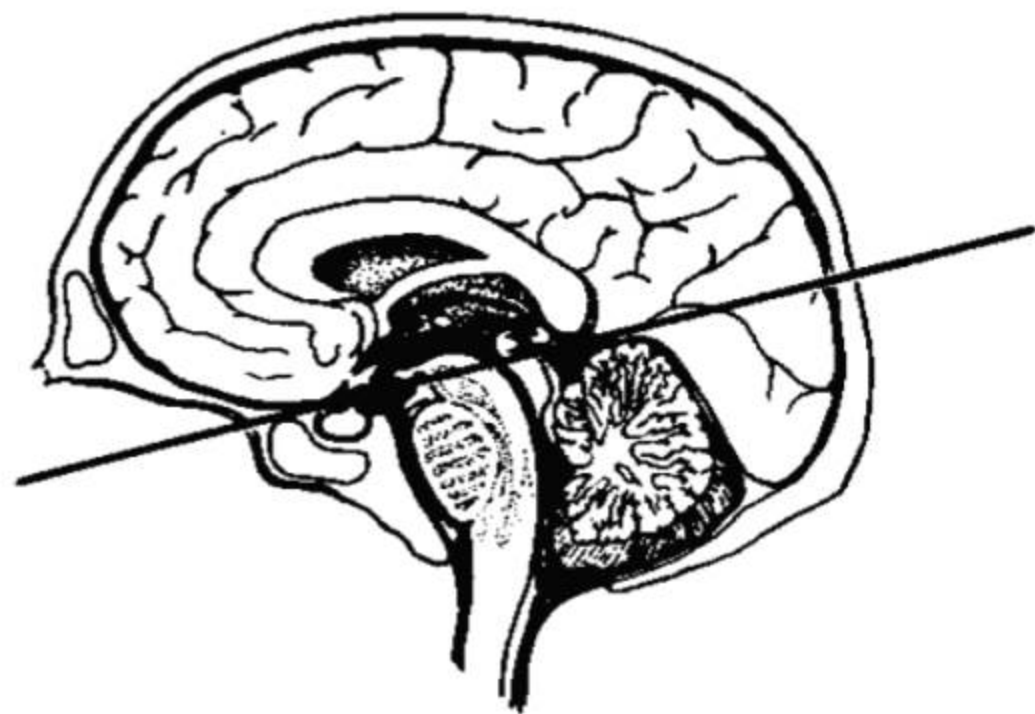
1. Brain stem infarction or hemorrhage
2. Cerebellar hemorrhage
3. Cerebellar infarct with compression



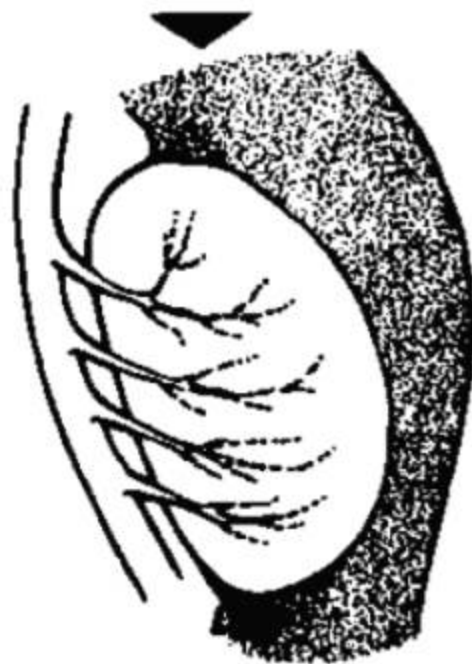
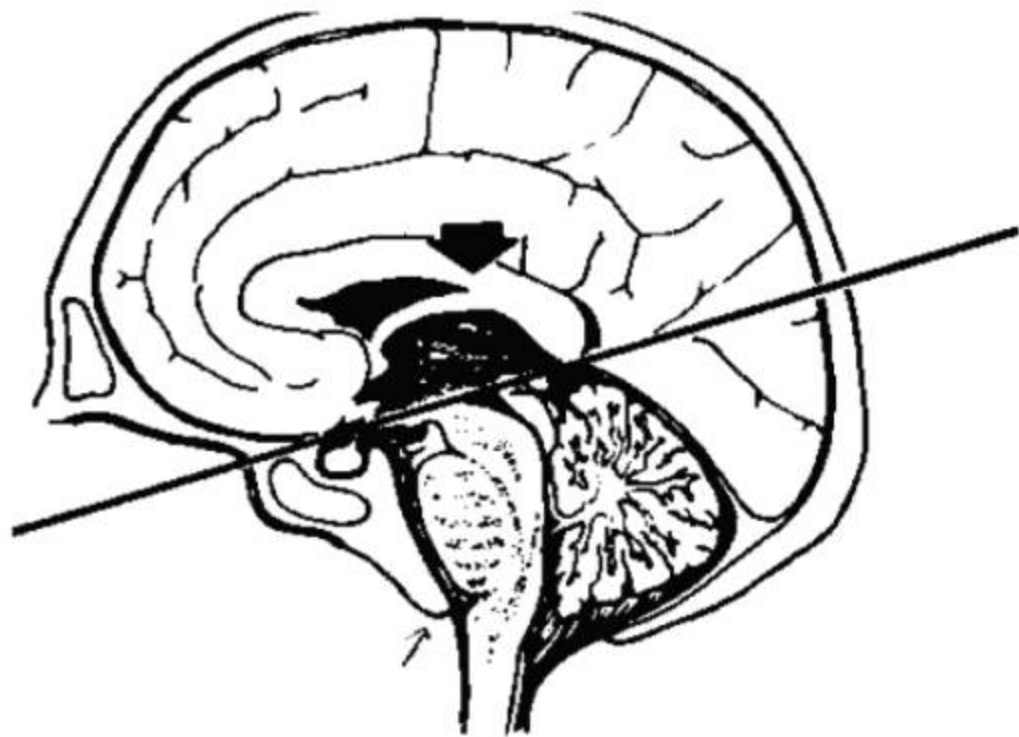
Herniation syndromes



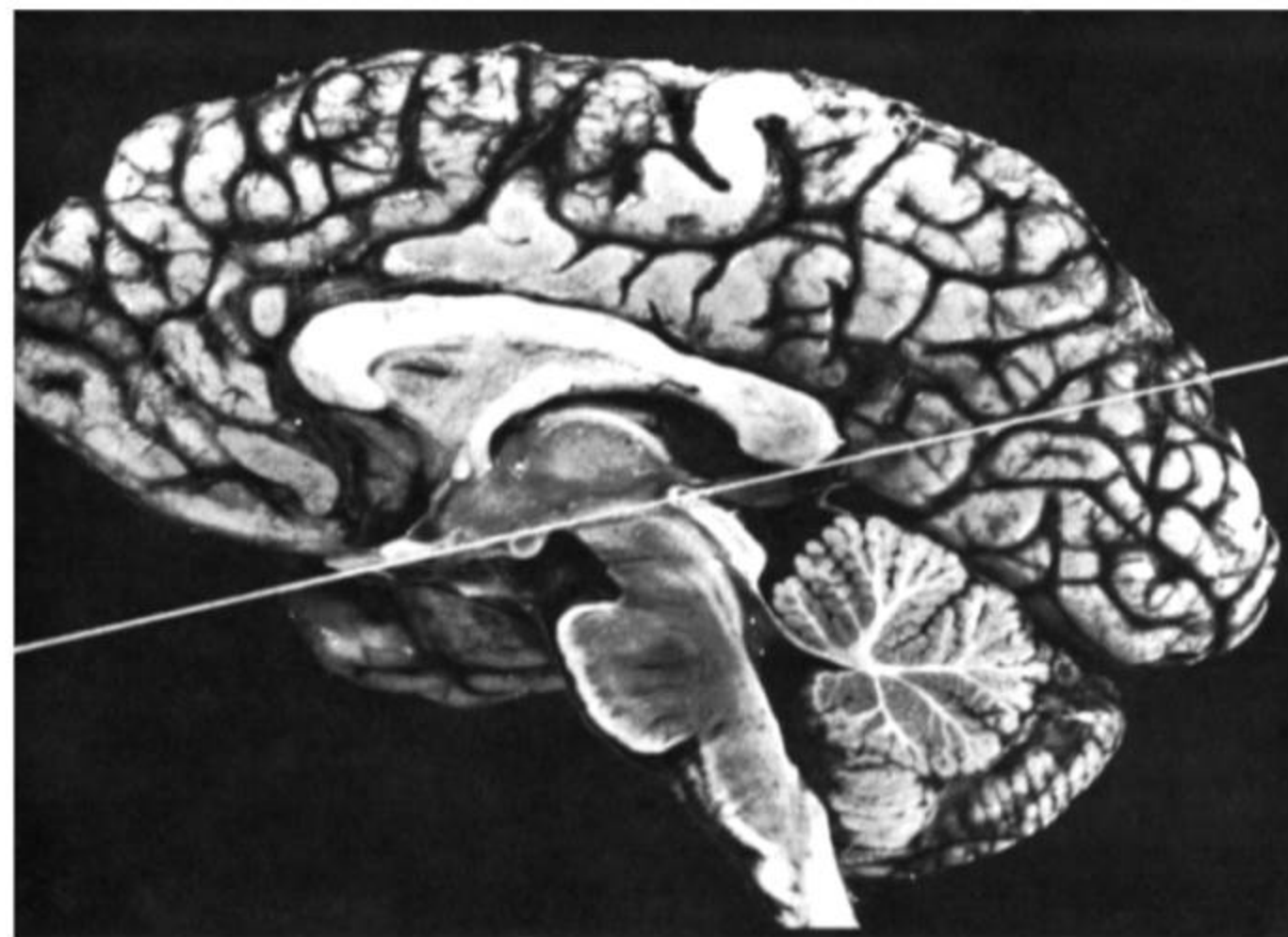
Normal Anatomy



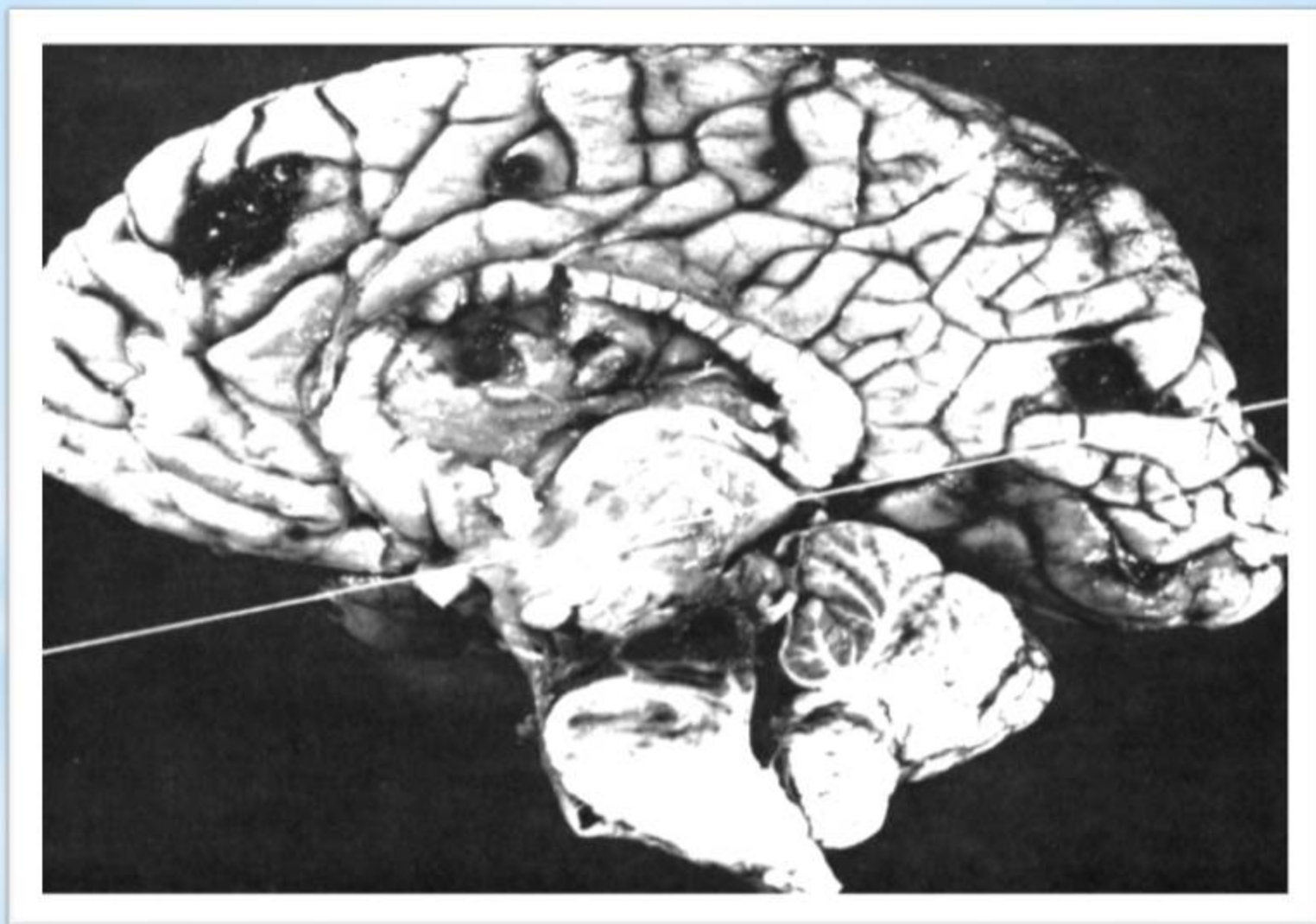
Transtentorial Herniation



Normal Brain



Transtentorial herniation and brain infarction



Supratentorial Mass Lesions

Differential Characteristics

Initiating signs usually of focal cerebral dysfunction

Signs of dysfunction progress rostral to caudal

Neurologic signs at any given time point to one anatomic area - diencephalon, midbrain, brainstem

Motor signs are often asymmetrical

Plum and Posner, 1982

*Infratentorial Lesions

- *Cause coma by affecting reticular activating system in pons
- *Brainstem nuclei and tracts usually involved with resultant focal brainstem findings

* Infratentorial Lesions

Causes of Coma

- * Neoplasm
- * Vascular accidents
- * Trauma
- * Cerebellar hemorrhage
- * Demyelinating disease
- * Central pontine myelinolysis (rapid correction of hyponatremia)

* Infratentorial Lesions

Differential Characteristics

- * History of preceding brainstem dysfunction or *sudden onset* of coma
- * *Localizing brainstem signs* precede or accompany onset of coma and always include oculovestibular abnormality
- * *Cranial nerve palsies* usually present
- * “*Bizarre*” *respiratory patterns* common, usually present at onset of coma

Plum and Posner, 1982

* Metabolic Coma

Etiology

- * Respiratory

 - * Hypoxia

 - * Hypercarbia

- * Electrolyte

 - * Hypoglycemia

 - * Hyponatremia

 - * Hypercalcemia

- * Hepatic encephalopathy

- * Severe renal failure

- * Infectious

 - * Meningitis

 - * Encephalitis

- * Toxins, drugs

* Metabolic Coma

Differentiating Features

- * Confusion and stupor commonly precede motor signs
- * Motor signs are usually symmetrical
- * Pupillary reactions are usually preserved
- * Asterixis, myoclonus, tremor, and seizures are common
- * Acid-base imbalance with hyper- or hypoventilation is frequent

Plum and Posner, 1982

*PART II: Work with patient

* How to logically approach ?

STEP I: Rule out coma mimics

STEP II: Whether bispheric or hemispheric problem

STEP III: If its bispheric, is it primary or secondary (coning?)

STEP IV: If its hemispheric, is it structural or metabolic

STEP V: Investigation, Management & Prognosis



*History of patient condition

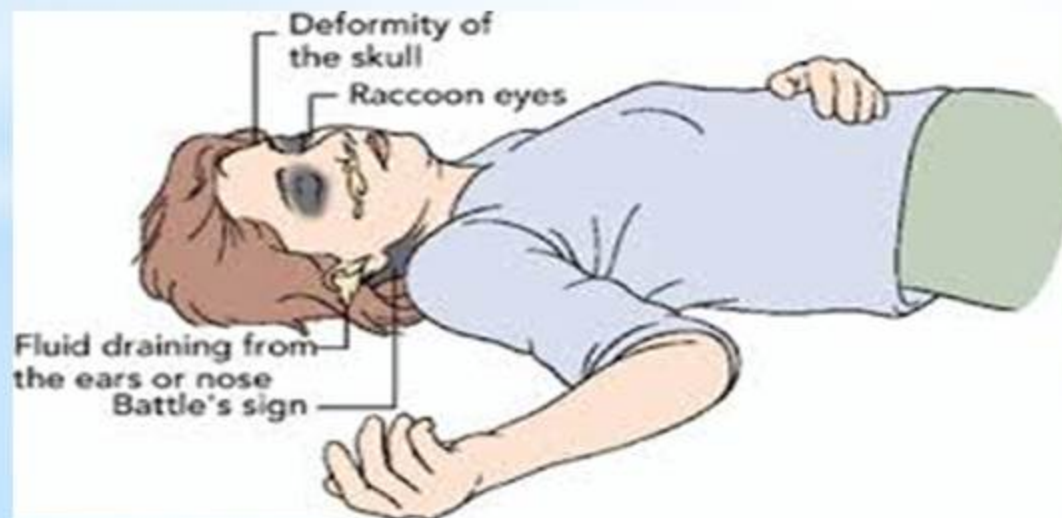
*Extremely important!!!

*Often difficult and sometimes impossible to obtain!

•Rapidity	Acute vs subacute
•Symptoms prior to coma	Trauma, head ache, fever, seizure, chest pain, breathlessness etc
•History of neurological deficits	
•Past history	DM, HTN, alcoholism, seizure disorder, drug abuse, depression or suicidal attempts etc.
Drug history	

* General Physical Examination

- * Appearance
- * Evidence of trauma
- * Evidence of hepatic or renal dysfunction.
- * Incontinence & tongue injury → Seizure



* General physical examination

Needle tracks	Drug overdose
Cyanosis	Hypoxia, cardiac disease, cyanide
Cherry red	Carbon monoxide intoxication
Icterus	Hepatic encephalopathy, hemolysis
Pallor	Anemia, hemorrhage, shock, vasomotor syncope
Petechiae	Disseminated intravascular coagulation, meningococemia, drugs, fat embolism
Purpuric rash	Meningococemia, Rocky Mountain spotted fever (RMSF) and others

General physical examination

Maculopapular rash	Toxic shock syndrome, SBE, SLE, and others
Bullous lesions	Drug overdose, especially barbiturates
Flushing, erythema	Polycythemia, fever, alcohol intoxication
Bruises	Trauma, coagulopathy
Sweating	Fever, hypoglycemia

* Blood pressure

Hypertension

- Stroke
- Intracranial hemorrhage
- Increased ICP
- Hypertensive encephalopathy
- Renal disease

Hypotension

- Hypovolemia
- Myocardial Infarction
- Intoxication (especially ethanol and barbiturates)
- Wernicke's encephalopathy
- Sepsis

*Respiration examination

Breath odour??

- 1.Acetone (DKA)
- 2.Ethanol (intoxication)
- 3.Fetor hepaticus
- 4.Uriniferous (uremia)
- 5.Garlic odor (arsenic poisoning)
- 6.Household gas (carbon monoxide)

* Respiration examination

Hyperventilation

- * Hypoxia
- * Hypercapnia
- * Acidosis
- * Fever
- * Liver disease
- * Sepsis
- * Pulmonary emboli
- * Toxins
- * Drugs producing metabolic acidosis
- * Central neurogenic hyperventilation
- * Salicylism

Hypoventilation

- * Overdose
- * Myxedema

* Temperature examination

Fever

- * Infection
- * Inflammation
- * Neoplasms (rare)
- * Anticholinergics
- * Subarachnoid hemorrhage (SAH)
- * Hypothalamic lesion
- * Heatstroke
- * Thyroid storm
- * Malignant hyperthermia

Hypothermia

- * Exposure
- * Sepsis
- * Shock
- * Myxedema coma
- * Wernicke's encephalopathy
- * Drug intoxication (especially barbiturates)
- * Hypothalamic lesion
- * Hypoglycemia

* Signs of localizing value!

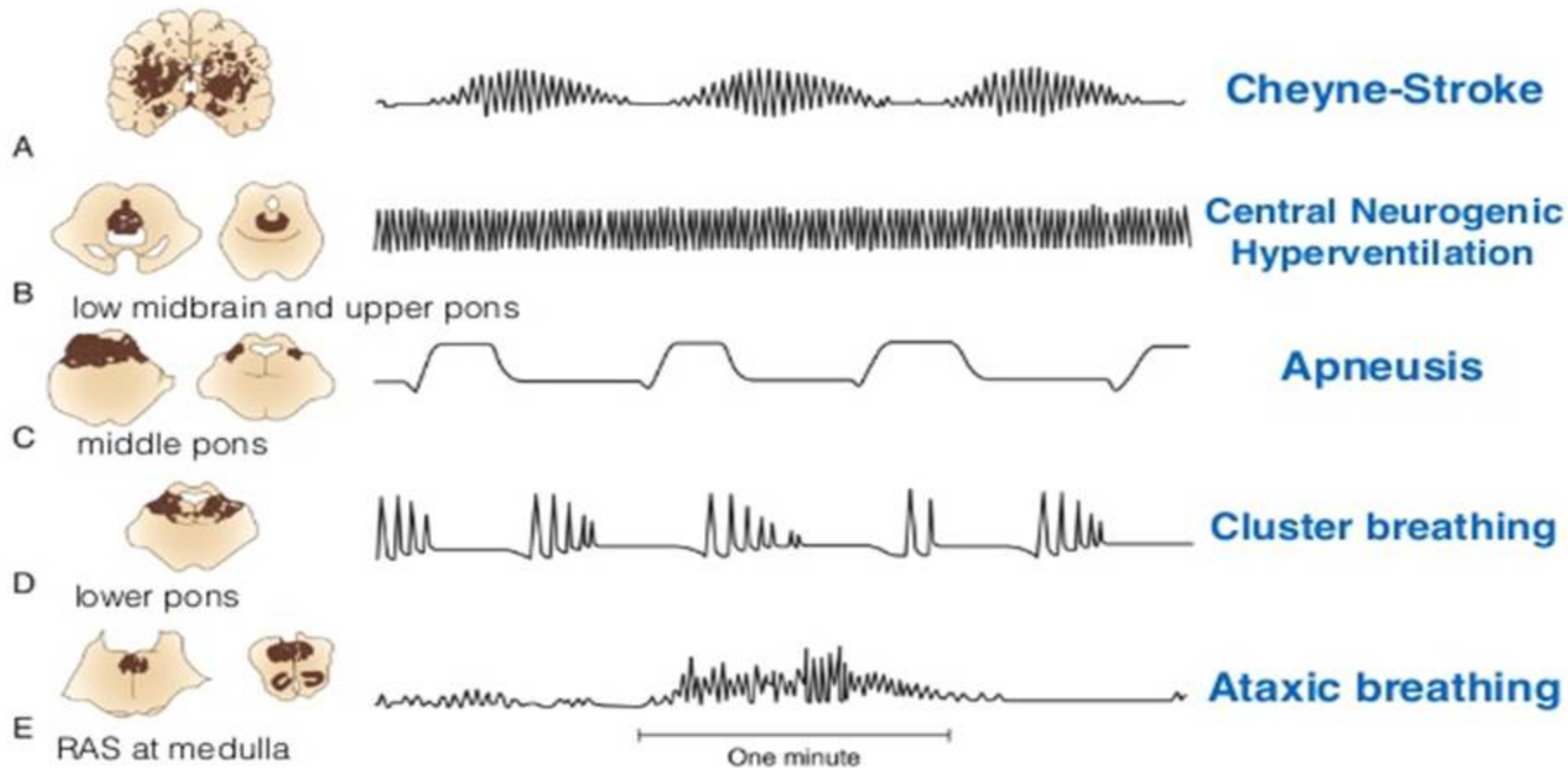
Respiratory pattern

Pupillary responses

Limb movements

Eye movements

Abnormal Respiratory Pattern



* Systemic examination

Cardiovascular system	<ul style="list-style-type: none">•Arrhythmia-Cerebral embolism•Murmur-SBE, embolism
Respiratory system	<p>Pulmonary edema-</p> <ol style="list-style-type: none">1. Neurogenic pulmonary edema2. CHF3. Anoxic encephalopathy
Gastrointestinal	<p>Fecal incont- Seizures</p> <p>Stool blood- HE, GI hge</p>
GUT	<p>Hematuria</p> <p>Incontinence</p>
Extremities	Focal seizures

*Eyes movements

Resting
position

Spontaneous
movts

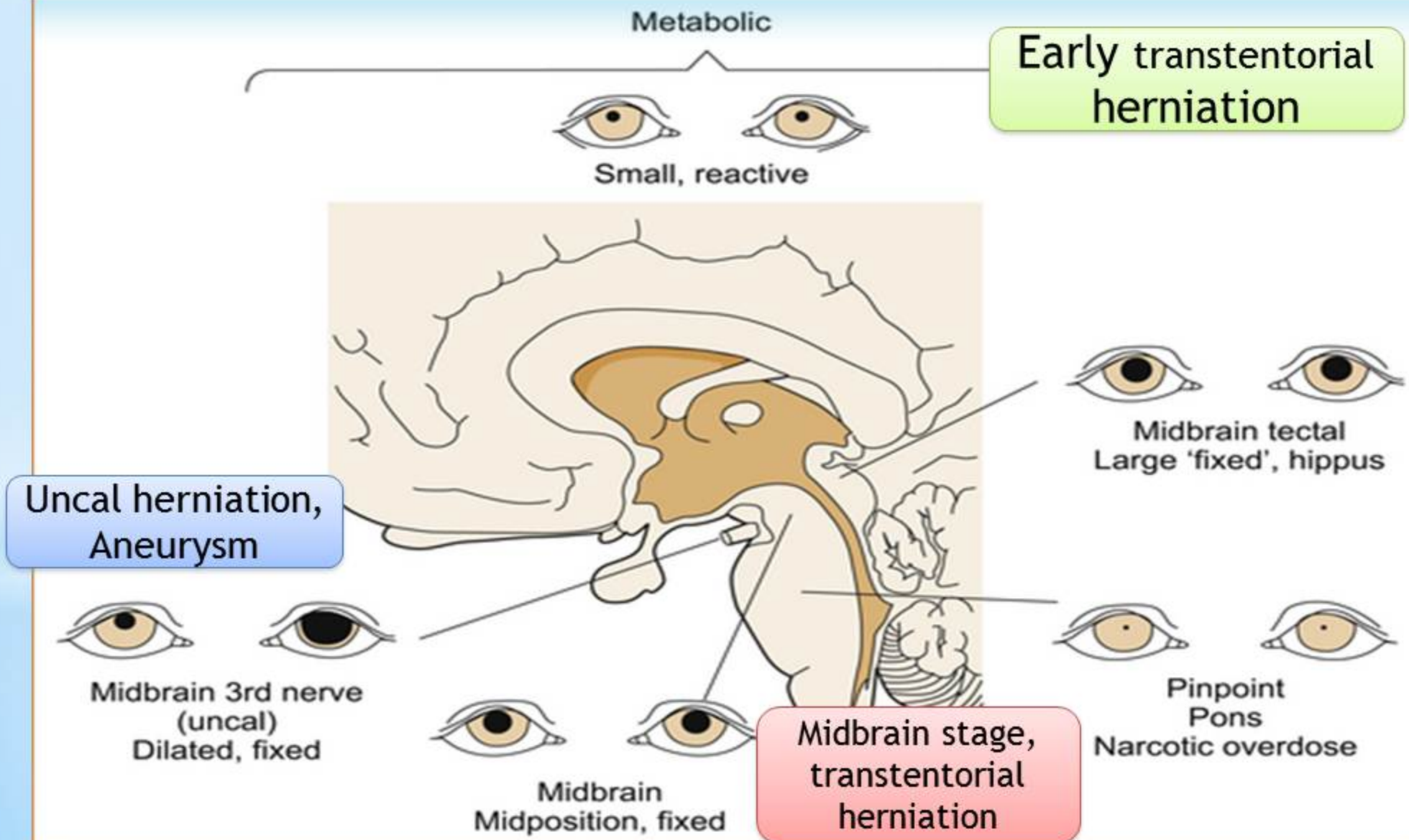
Reflex movts

Lateral gaze	Acute hemispherical, Pontine lesion
Downward gaze	Thalamic lesion, Lesions of pretectum, Hepatic coma, SAH, Hypoxia
Upward gaze	Sleep, Seizure, Syncope, Vermian H'age, Brain stem ischaemia, Brain stem encephalitis, Hypoxic encephalopathy
Horizontal dysconjugate	3,6 CN palsy, INO
Vertical dysconjugate	3 or 4 CN palsy, Skew deviation-posterior fossa lesion

Spontaneous movements

Horizontal roving eye movement	
Nystagmus	Seizures
Ocular bobbing	Pontine lesions, Anoxia
Ocular dipping	Diffuse cerebral damage
Ping Pong gaze	B/l cerebral, post fossa rarely
Nystagmoid jerk of single eye	Middle or lower pons
Vertical myoclonus	Pons

* Pupillary abnormalities



* Pupillary abnormalities

Metabolic: Small pupils, reactive to light



Diencephalon: Small pupils, reactive to light (bilateral Horner syndrome)



Midbrain/Tectum: Midsize pupils, not reactive to light



Third nerve (uncal herniation): Large pupil, not reactive to light



Pons: Pinpoint pupils, reactive to light

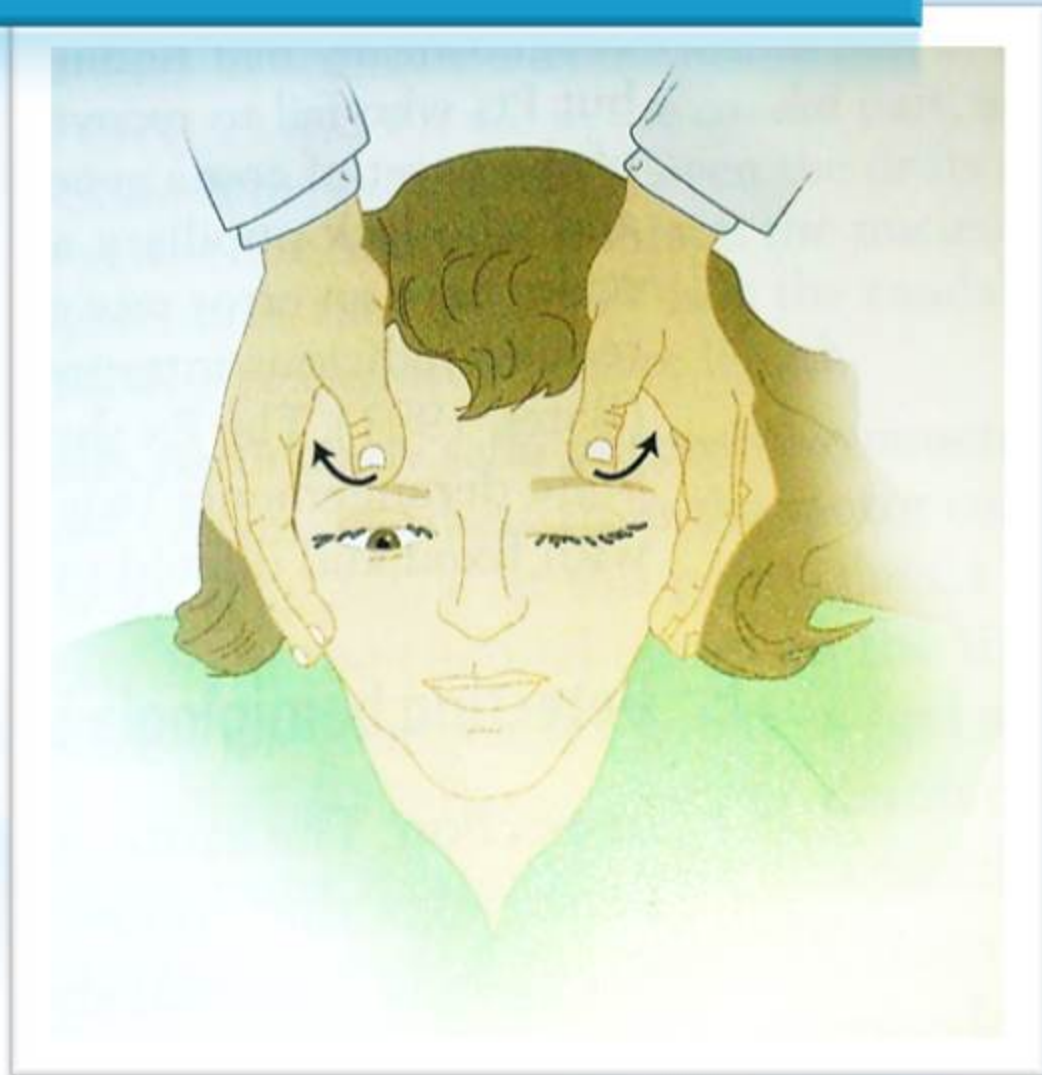


* Lateral gaze abnormalities

Hemispheric lesions	<p>Look toward the lesion (away from paretic side)</p> <p>In seizures, briefly away from the lesion</p> <p>Preserved OC, OV reflexes</p>
Brainstem (Lower Pons)	<p>Look toward the paretic side</p> <p>Absent OC,OV reflex</p>
Toxic/ Metabolic	<p>Impair vertical & horizontal movts</p>

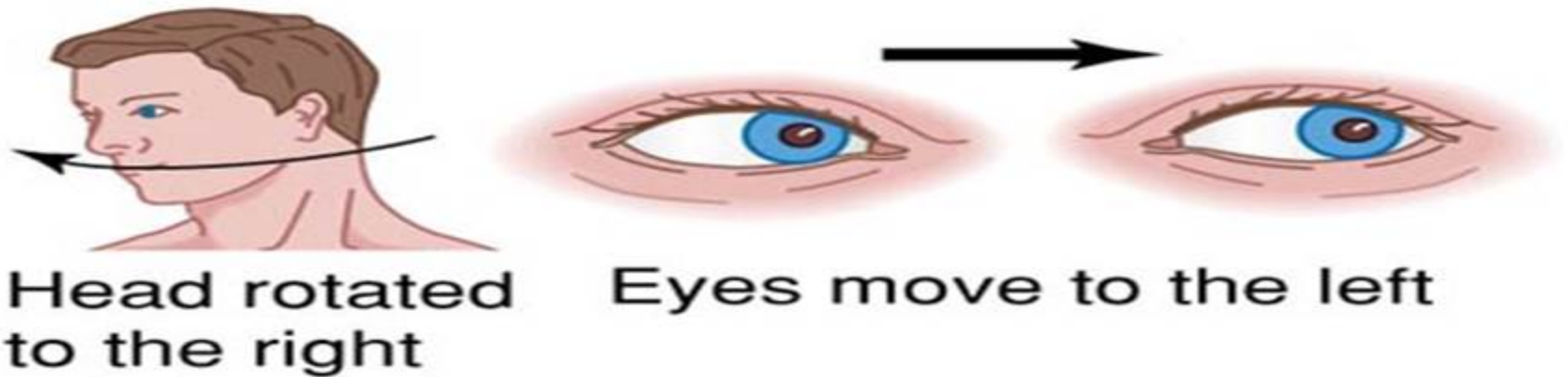
* Rest of cranials

- Fundoscopy
- V: blink
- VII: cheeks and
- Eyes: Eyelid
release test
- Gag

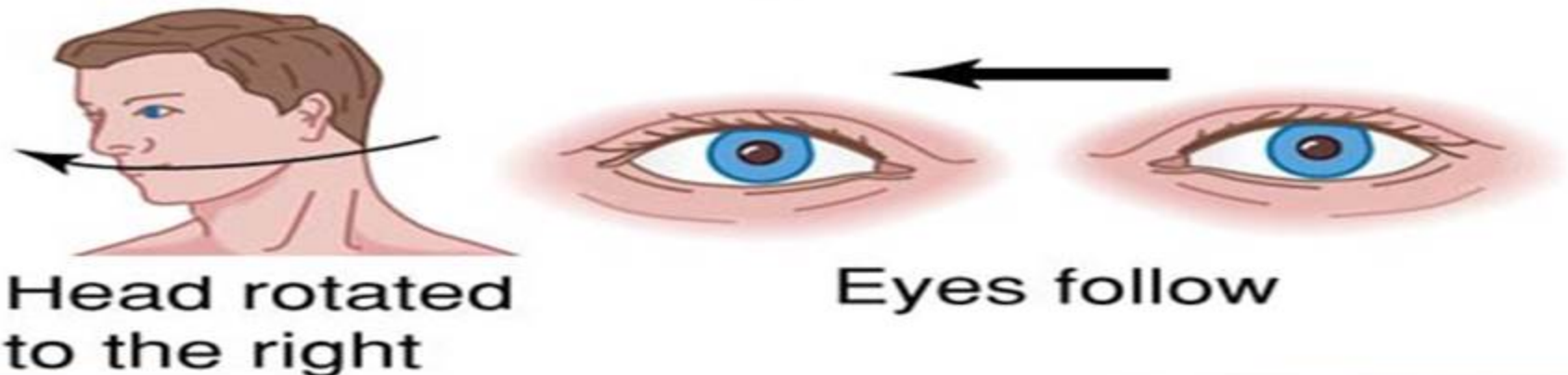


* Oculocephalic reflex (Doll's eye)

Normal (reflex present)



Abnormal (reflex absent)



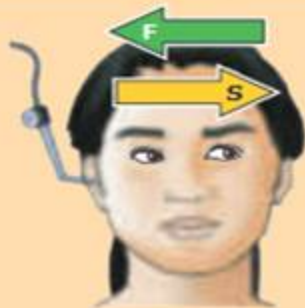
* Oculo-vestibular reflex

Ocular reflexes in conscious patients

(1) Normal



Cold H₂O



Warm H₂O

(2) Brainstem intact



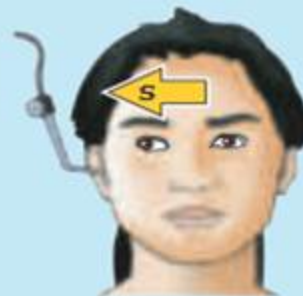
Cold H₂O



Warm H₂O

Ocular reflexes in unconscious patients

(3) MLF lesion (bilateral)



Cold H₂O



Warm H₂O

(4) Low brainstem lesion



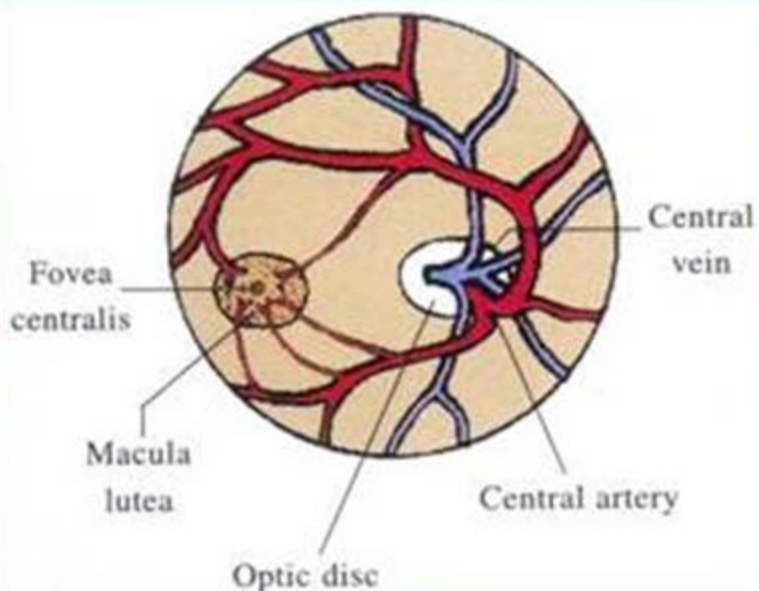
Cold H₂O



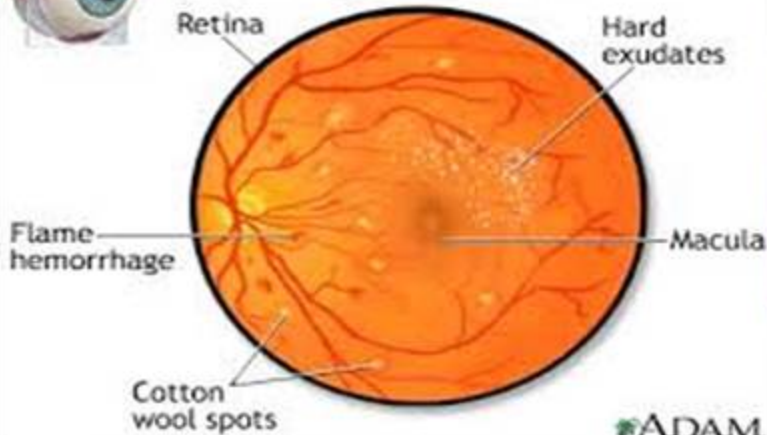
Warm H₂O



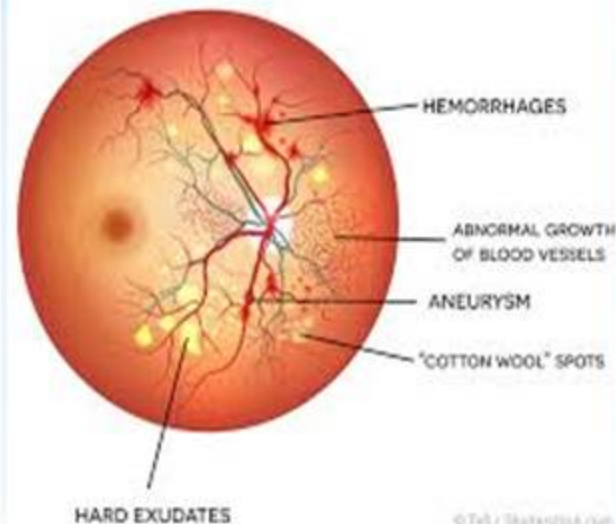
Fundus exam



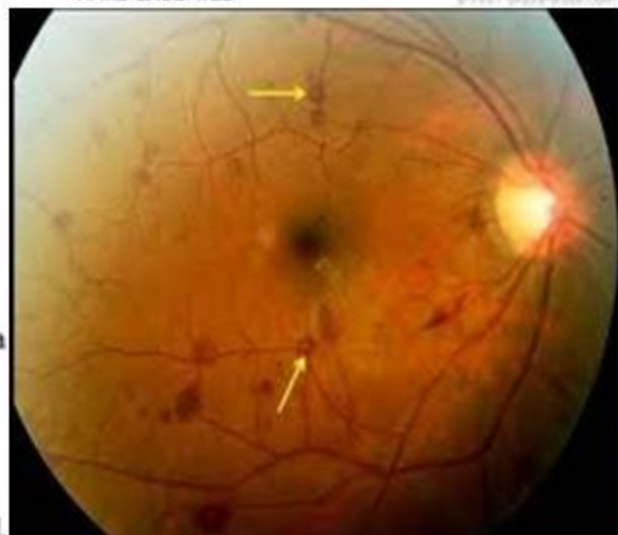
Hypertension can cause damage to the retina of the eye



DIABETIC RETINOPATHY



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ADAM

* Approach to the Comatose Patient

Initial Treatment

- * **A**irway
- * **B**reathing
- * **C**irculation
- * **ABC** - identify and address life threatening inadequacies
- * Treat rapidly progressive metabolic disorders -- hypoglycemia
- * Evaluate for intracranial hypertension and imminent herniation and treat

* Approach to the Comatose Patient

Priorities

- * **ABC's** are paramount!
- * Must prioritize
- * Must ensure oxygen and substrate reach CNS and vital organs
- * Must address immediately life threatening conditions before addressing CNS

* Management of the Comatose Patient

Airway

- * Evaluate - is airway patent. Can patient move air without obstruction. Is there trauma or foreign body obstructing airway
- * Try chin lift to help open airway -- *protect cervical spine*
- * Place airway if indicated - nasal or oral airway, intubation, or surgical airway

* Management of the Comatose Patient

Airway

- * Intubate (protecting neck) “*anyone who will let you*”
- * Any of the following are adequate criteria
 - * GCS < 9
 - * Airway not secure or open
 - * Respiration not adequate
 - * Any significant respiratory failure
 - * Uncertainty regarding direction or rate of mental status changes, particularly if constant observation not available (during CT scans, etc..)

* Management of the Comatose Patient **Breathing**

- * Evaluate - is patient moving adequate air, is respiratory rate appropriate, is gas exchange adequate, are breath sounds adequate and symmetrical
- * Must assure oxygenation and ventilation
- * If intubated don't forget to ventilate
- * Identify and immediately treat problems - pneumothorax, airway obstruction, etc..

* Management of the Comatose Patient

Circulation

* Is patient in shock?

* Check pulses, heart rate, blood pressure, perfusion

* Remember hypotension is *late* sign of shock

* Start treatment for shock

* Do not restrict fluids in comatose patient with inadequate intravascular volume.

* Cardiac output and cerebral perfusion are much more important than fluid restriction

* Management of the Comatose Patient

Circulation

- * Use isotonic solutions and blood, as indicated.
- * Do not use hypotonic solutions to treat shock, particularly patients with coma or possible cerebral edema
- * Identify life threatening hemorrhage and control it.

* Management of the Comatose Patient

Glasgow Coma Scale

* Glasgow coma scale

- * Provides easily reproducible and somewhat predictive basic neurologic exam
- * This allows rapid assessment and record of baseline neurologic status
- * Allows physician to track neurologic changes over time and multiple examiners

*Glasgow Coma Scale

*Three components. Score derived by adding the score for each component.

*Eye opening (4 points)

*Verbal response (5points)

*Best motor response (6 points)

* Glasgow Coma Scale

* Eye opening

- * 4 - spontaneous
- * 3 - to speech
- * 2 - to pain
- * 1 - none

* Verbal Response

- * 5 - oriented
- * 4 - confused conversation
- * 3 - inappropriate words
- * 2 - incomprehensible sounds
- * 1 - none

* Best Motor Response

- * 6 - obeys
- * 5 - localizes
- * 4 - withdraws
- * 3 - abnormal flexion
- * 2 - abnormal extension
- * 1 - none

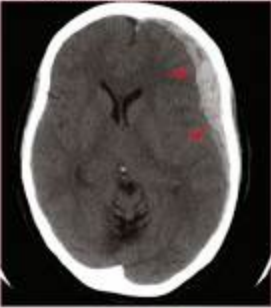
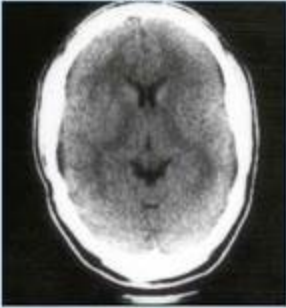






















Glasgow Coma Scale	Poorer 3-8	Better 9-15
<p>CT scan</p> <p>Axial noncontrast brain CT: Acute subdural hematoma (arrowheads) with moderate associated mass effect.</p>	<p>Subdural hematoma</p> 	<p>Normal</p> 
<p>Age</p>	<p>Older adult</p> 	<p>Youth</p> 
<p>Pupillary light reflex</p>	<p>Pupil remains dilated</p> 	<p>Pupil constricts</p> 
<p>Caloric testing with ice water</p>	<p>Eyes do not deviate</p> 	<p>Eyes deviate to irrigated side</p> 
<p>Motor response to noxious stimuli</p>	<p>Decerebrate rigidity</p> 	<p>Localizes (defensive gesture)</p> 

Figure 121-1 Differential Diagnosis of Altered Consciousness.

	Clinical features	Pathology (examples)	Etiologies
Bilateral cerebral hemisphere disease	 Normal pupils (equal, reactive)  Normal doll's head phenomenon  Normal corneal reflex Absent or minor focal features (lateral paralysis, sensory or visual loss)	 Bilateral hemispheric swelling (small ventricles, obliterated sulci, rounded edges)	Increased intracranial pressure Meningitis Subarachnoid hemorrhage Metabolic disorders Electrolyte disturbances Endocrine disorders Organ dysfunction Nutritional deficiencies Drugs or toxins Alcohol and other sedatives Opiates and anticholinergics Cholinergics Sympathomimetics Multifocal cerebral disease Infarctions Hypoxia Encephalitis Abscesses Tumors (usually metastatic) Contusions Vasculitis Autoimmune disorders
Unilateral cerebral hemisphere lesion with compression of brainstem	 Third cranial nerve palsy, nonreactive pupil, ptosis  Contralateral hemiparesis	 Right temporal hemorrhage from trauma, with swelling of right hemisphere	Cerebral Infarction Hemorrhage Contusion Abscess Tumor Extracerebral Subdural hematoma Epidural hematoma
Primary brainstem lesion	 Small pinpoint pupils, absent horizontal eye movements  Rigid limbs	 Large pontine hemorrhage	Infarction Hemorrhage Severe metabolic derangements Central pontine myelinolysis Anoxia
Cerebellar lesion with secondary brainstem compression	 Vomiting  Ataxic movements  Sixth cranial nerve palsy	 Large cerebellar hemorrhage	Infarction Hemorrhage Tumor Abscess Contusion

* Management of the Comatose Patient

Secondary Survey

- * Do a quick general exam of the entire body to identify acute life threatening conditions
- * In general, major thoracic or abdominal trauma takes precedence after ABC's
- * Only very rarely is acute neurosurgical intervention appropriate before other acute life threatening injuries are stabilized (except protection of spine (mostly cervical part) by immobilization)

* Management of the Comatose Patient

Secondary Survey

- * General motor exam
 - * look for focal deficits, posturing (decerebrate or decorticate)
- * Reflexes, tone
- * Cranial nerve and brainstem function
 - * Pupillary response - diencephalon, midbrain, brainstem, CN's II and III
 - * Corneal Reflex - CN's V, VII, brainstem
 - * Oculocephalic Reflex - not if neck injury possible. Tests CN's III, IV, VI, VIII, and brainstem.
 - * Oculovestibular (calorics) can be done if neck questionable.

* Neurological Exam

Oculovestibular Testing

- * Check for tympanic perforation
- * Instill 120 cc cold water over 2 minutes
- * Conscious patient - COWS
- * Coma with intact pathways - tonic eye deviation to side of cold

* Management and evaluation of the Comatose Patient

- * Does the patient have a rapidly progressive intracranial lesion?
- * Assume yes, if:
 - * 1. Any evidence of brainstem abnormality
 - * 2. Any evidence of rostral caudal progression
 - * 3. Any focal deficits
 - * 4. Progression of motor exam from withdrawal to posturing

*** If the patient have a rapidly progressive intracranial lesion:**

- * If any factor of such is present, assume increased intracranial pressure is present and herniation and irreversible damage imminent
 - * Intubate
 - * Hyperventilate
 - * Mannitol
 - * CT scan, neurosurgical consultation

*** If the patient have a rapidly progressive intracranial lesion:**

- * If none of the findings are present, surgical lesion less likely than metabolic cause
- * Mass lesion still possible, though - CT scan
- * Urgency of intubation less but should consider
 - * Will patient deteriorate, particularly while out of constant observation (CT scanner)?
 - * Can patient protect airway?

* Management and evaluation of the Comatose Patient

Additional Points

- * If scans normal, probably metabolic
- * Emergent causes of metabolic coma (even after ABC's)
 - * Hypoglycemia - give glucose
 - * Infection - LP, consider antibiotics, acyclovir. If diagnostic studies delayed, treat first
 - * Certain toxins - antidepressants, salicylates, theophylline, alcohol (methanol and ethylene glycol)
 - * Subclinical status epilepticus

*Meningeal signs

Meningeal Irritation Signs

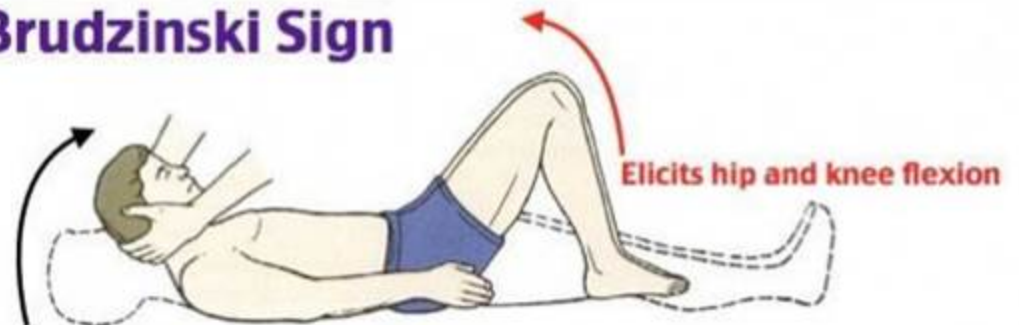
- Neck stiffness
- Kernig's sign
- Brudzinski's

Kernig Sign

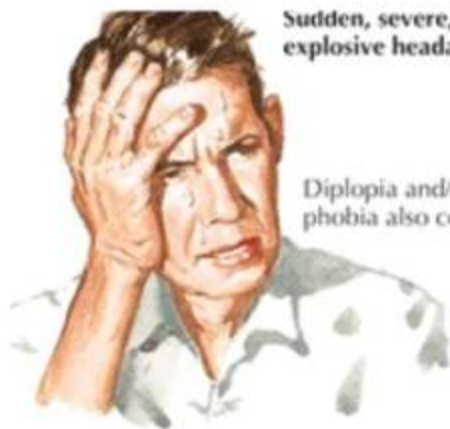


- 1 Knee is flexed to 90 degrees
- 2 Hip is flexed to 90 degrees
- 3 Extension of the knee is painful or limited in extension

Brudzinski Sign



- 1 Passive flexion of neck



Sudden, severe, explosive headache

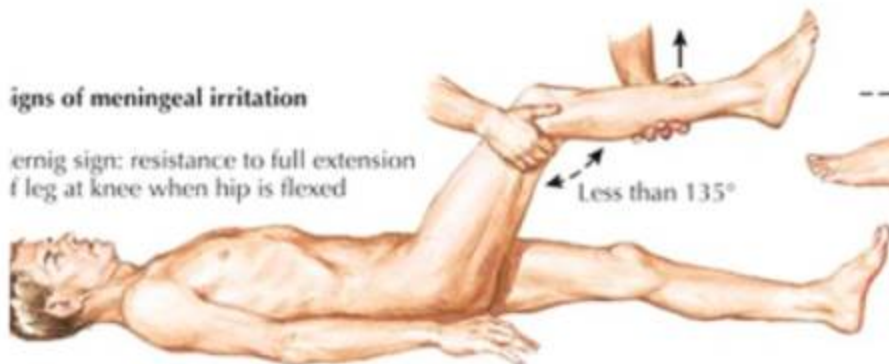
Diplopia and/or photophobia also common

Progression from disorientation to deep coma. Fever, sweating, vomiting and tachycardia are frequently present.



Signs of meningeal irritation

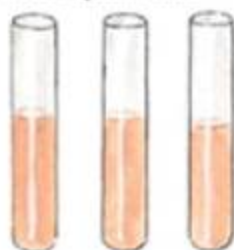
Kernig sign: resistance to full extension of leg at knee when hip is flexed



Brudzinski sign: flexion of both hips and knees when neck is passively flexed



Cerebrospinal fluid



Three successive fluid samples collected shortly after subarachnoid hemorrhage show frank blood or are orange tinged in

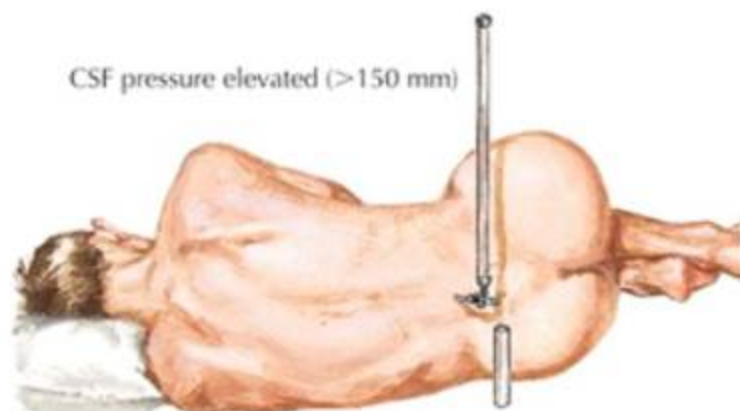


Later, on repeat tap, all 3 samples are xanthochromic (yellow) as a result of hemoglobin release or bilirubin formation



If blood is due to traumatic tap, fluid clears progressively in successive samples.

CSF pressure elevated (>150 mm)



L. Netter

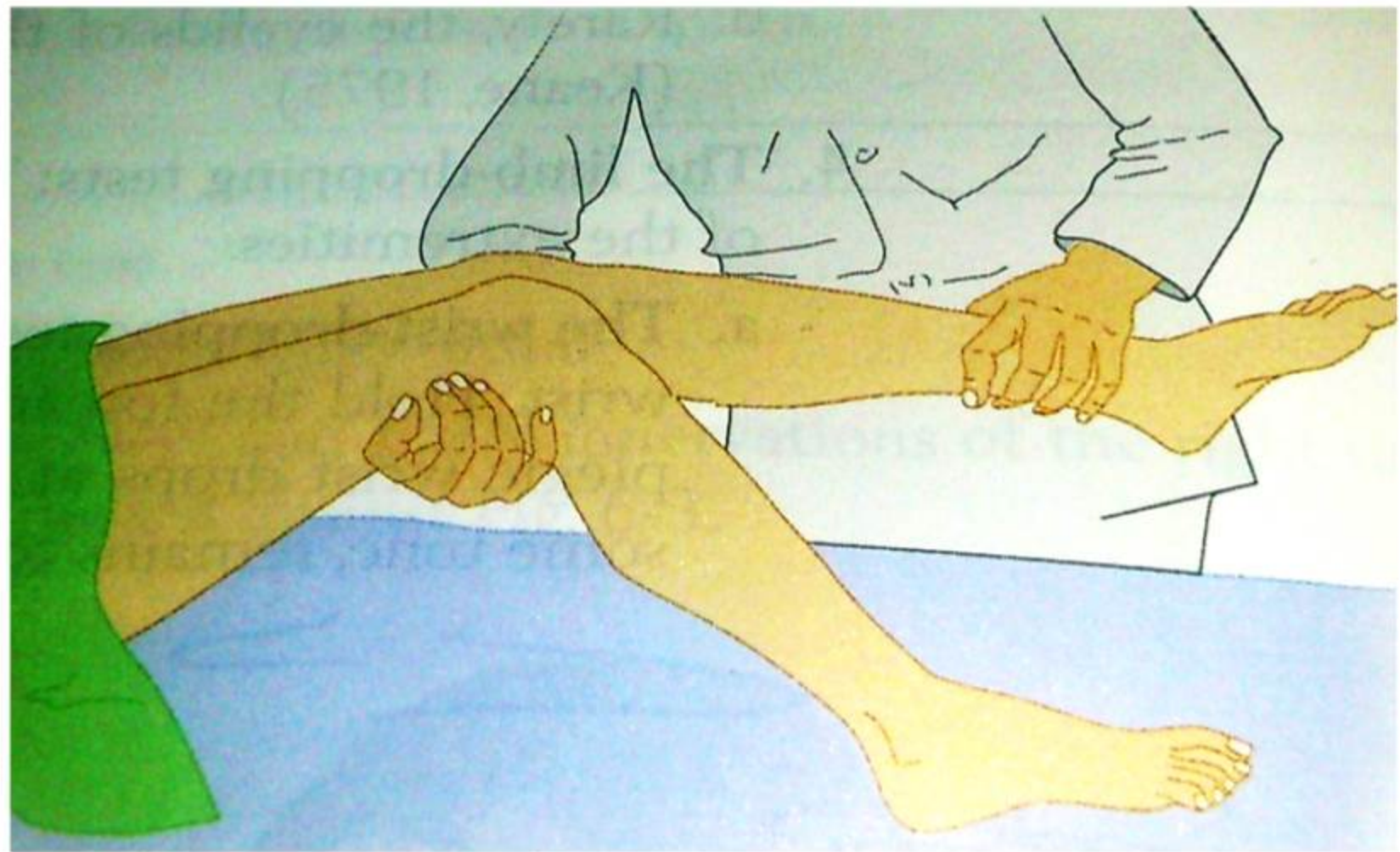
* Motor examination

- * Difficult to interpret
- * Light coma → lies quietly or thrashes about in bed
- * Decorticate rigidity contralateral to hemispheric lesion
- * Decerebrate rigidity
- * Most common responses are reflexive in reaction to noxious stimuli
- * Localizing responses, such as moving the examiner's hand away from the body, are *not consistent* with coma
- * Flexion and extension responses to painful stimuli are consistent with coma

*Motor examination

- *Motor system
- *Signs of hemiplegia
 - wrist-dropping test
 - Arm-dropping test
 - Legs-dropping test
 - Driven postures: Decorticate, Decerebrate.



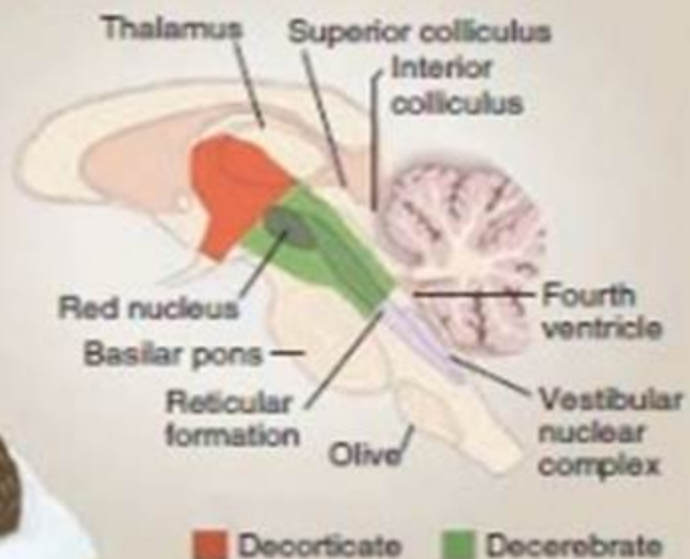


* Posturing

A Decerebrate: Upper and lower limbs extend



B Decorticate: Upper limbs flex, lower limbs extend



AIRWAY – intubate if GCS \leq 8
BREATHING – maintain SaO₂ > 90 %
CIRCULATION - maintain MAP > 70 mmHg

Draw blood sample for glucose, electrolytes, arterial blood gas, liver and thyroid function tests, complete blood count, toxicology screen

NEUROLOGICAL ASSESSMENT

Hyperventilation, **mannitol** 0.5 – 1.0 g/kg if clinical evidence of increased ICP/herniation [see table 4]

Thiamine (100 mg IV) followed by 25 g glucose (50 mL of 50% solution) if serum glucose < 60 mg/dL

Naloxone if narcotic overdose is suspected (0.4-2.0 mg IV q 3 min or continuous IV infusion 0.8 mg/kg/hr)

Flumazenil if benzodiazepine overdose suspected (0.2 mg/min, maximum dose 1 mg IV)

Gastric lavage with **activated charcoal** if drug intoxication suspected

HEAD CT IF STRUCTURAL CAUSE SUSPECTED

DETAILED HISTORY AND SYSTEMIC EXAMINATION

CONSIDER EEG,
LUMBAR PUNCTURE, MRI

*Reversible causes of coma

Structural

- Brain mass
- Anoxic-hypoxic brain disease with RoSC after cardiac arrest
- Raised intracranial pressure
- SDH, EDH
- ICH
- Acute ischaemic stroke
- Hydrocephalus
- Cerebral oedema resulting from stroke
- CVT
- Sepsis , CNS infections
- Non-convulsive or minimally convulsive status epilepticus

Diffuse

- Hypoglycaemia
- Hyperglycaemia, diabetic or alcoholic ketoacidosis
- Hyponatraemia
- Hypercalcaemia
- Hyperammonaemia
- Renal failure
- Hepatic encephalopathy
- Thyroid storm
- Myxoedema coma
- Adrenal crisis
- Pituitary apoplexy
- Wernicke's encephalopathy

* Prognosis in Nontraumatic Coma

* Using the **Levy algorithm**, a physician can predict the probability of a meaningful recovery 3 days after cardiac arrest

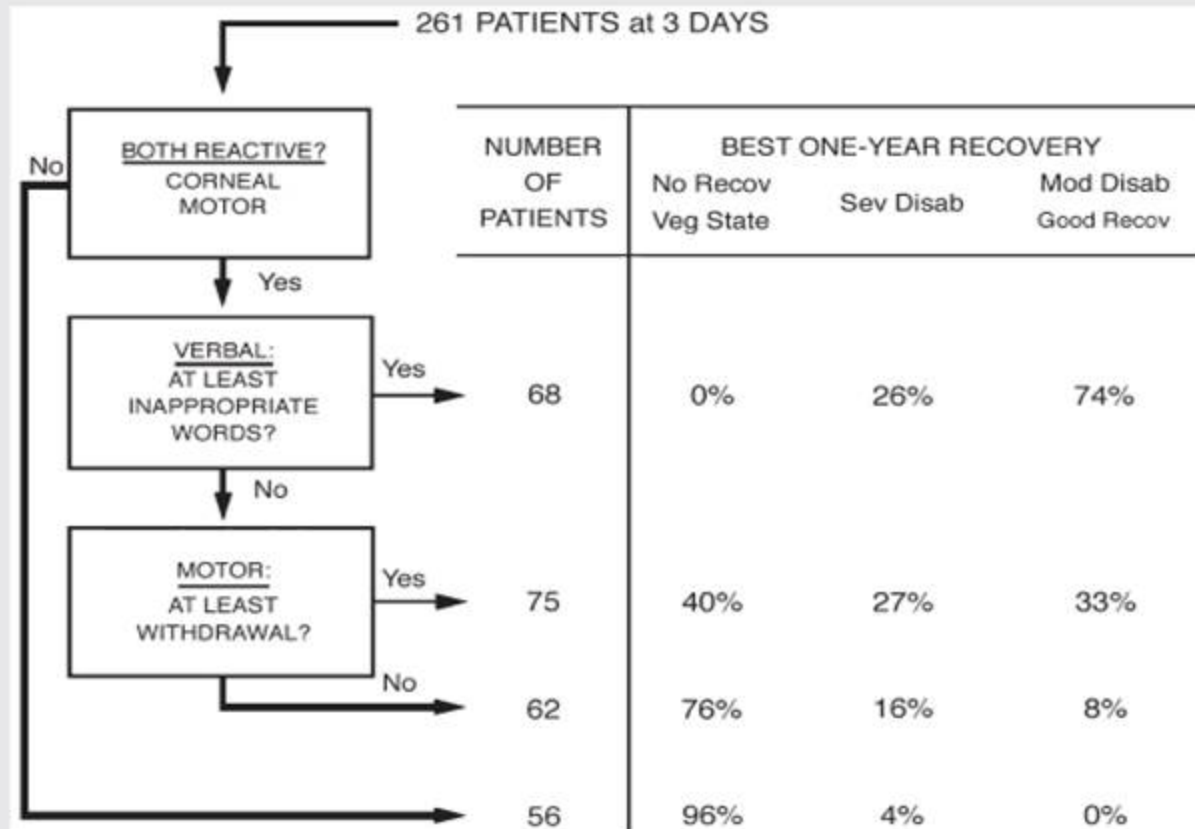


FIGURE 2-1

Decision tree of bedside tests to predict outcome in patients with nontraumatic coma.

Disab = disability; Mod = moderate; Recov = recovery; Sev = severe; Veg = vegetative.

Reprinted with permission from Levy DE, Bates D, Caronna JJ, et al. Prognosis in nontraumatic coma. *Ann Intern Med* 1981;94(3):293-301.

*Prognostic indicators

Phy Ex parameter

1. Lack of pupillary responses in the first 3 days, lack of corneal response in the first 3 days,
2. Evidence of widespread myoclonic epilepsy in the first 24 hours
3. Lack of extensor motor responses.

Lab parameter

1. A blood test for neuron-specific enolase (NSE)
2. Median nerve somatosensory evoked potentials



***THANK YOU**